

21 Things Being A Barista Taught Me About Motherhood

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When I became a Starbucks barista during my college years, I envisioned days of learning how to whip up frothy coffee creations and a lifetime supply of free baked goods. What I didn't expect was to absorb, however, along with the smell of freshly-ground espresso, was a preparation for my future as a parent. Who knew there could be so many parallels between serving up coffee to sleep-deprived college students and motherhood? Although, I admit, maybe I should have seen the sleep deprivation thing coming...

Here are 21 lessons on motherhood gleaned from my life as a professional coffee maker:

1. Sometimes, whipped cream can make anything better.



Enough said.

(photo: [Seosaid/ flickr](#))

2. Expensive is not always better.



At \$10 or \$2, that coffee is still a coffee. The same may be said for diapers.

(photo: [polyfaze](#) / flickr)

3. Everyone needs to eat cake for lunch at least once.



It's kind of a must.

(photo: flickr)

4. Fancy names can work wonders.



You better believe I'm going to pretend that PB & J is a "super-special, top-secret-spy-girl" sandwich just so my kid will eat it. After all, that "gourmet-three-blend cheese sandwich on freshly-baked artisan bread" is just a grilled cheese, right?

(photo: [Beauty Playin 'E/ flickr](#))

5. Presentation is everything.



There's a reason why they make dinosaur chicken nuggets.

(photo: flickr)

6. We all need a break.



Sometimes, there really is nothing better than escaping to a little café for the afternoon with your laptop and a fresh source of caffeine.

(photo: [Irina Rogova](#) / [Shutterstock](#))

7. Outlets are tantalizing, no matter what age.



Ever witnessed the gleam in your baby's eyes when he first spots your home outlets? Nothing compared to the mad rush for outlets in the morning at a coffee shop.

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