

This Is What A Baby Born In The Amniotic Sac Looks Like

 www.everydayfamily.com/blog/baby-born-amniotic-sac-looks-like/

Did you know that in some births, a woman's water never breaks?

And that when that happens, the baby can actually be born *still inside* the amniotic sac?

I've often wondered if I would have had an “en-caul” birth (the term for a baby being born inside the sac) with my kids, because I never actually had my water break on its own. Even when I was fully dilated and ready to push, my midwife actually had to break my water for me. But, alas, I'll never get to find out if I would have an en-caul birth.

It's a pretty rare feat, with one site saying that an “en-caul” birth, when the baby is born with the entire amniotic sac still intact only occurs in 1 out of every 80,000 births. (So how crazy is it that Leah Outten of [The Grace Bond](#) has had not one, but two babies born with caul?)

And doctors at Cedars-Sinai Medical Center recently released [this amazing video](#) that shows a baby born in the entire sac in a way that you've never seen before.



The doctors said it felt “like a moment of awe” and watching [the video](#), I would have to say that I agree! It looks like a rare glimpse into the womb, that in-between state between this world and the world that exists only with mother and baby.

And because it's such a rarity and a rather breathtaking site, the caul, which is the term for the amniotic sac membrane, or a part of it, which can also happen, was viewed as a good luck charm back in the day.

Historically, women used to sell their babies' cauls, if they were lucky enough to be born with one and they were prized for being everything from good luck to holding actual magical properties against evil and witches' spells. They were especially valued by sailors, who used to take them along their seafaring journeys as a protection against drowning. (Maybe since the caul used to house babies in the amniotic fluid? I'm not seeing the connection ...)

Today, while we may not see the caul as magical or a good-luck charm, it's still a pretty cool sight to see.

Did you have a baby born "in the caul?"

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