

# My Son's Not Potty Trained at Night – And I'm Ok with That

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**Not too long ago, my son made the move into his official “big boy” bed.**

We've been working on transitioning the baby out of our room and into sharing a room with her brother (a 2-year-old and a 4-month-old? Wish me luck...) and making the switch has just showed me how old he is getting.

But there's one area that my son hasn't fully grown into—and that's potty training at night.

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My son made the successful switch to potty training during the day right after his second birthday, a move that I completely did not expect. Everyone had told me how long boys usually took to potty train and after having two girls go through it, I had no idea how to potty train a boy, not to mention how to get him started after bringing home a new baby as well. Too much change didn't seem like a good idea in my book.

Luckily for me, my husband took the initiative to try potty training my son in the first week after we brought his sister home from the hospital and he just took right to it. Honestly, I hadn't even thought about trying to potty train until he was closer to three, but I'm glad my husband was

more brave than me!

**After my son started to potty train, I wanted him to commit 100%—and that’s where we ran into problems.**

I expect him to stay dry all day, just like his sisters had, and from there go right into night training, so I employed the same technique I had with the girls, which was basically to just go cold turkey. With my daughters, I had just put them on the toilet before nap time and after about a week, they were able to stay dry. Once nap time dryness was established, we worked on nighttime, and it wasn’t long before they got the hang of that, too.

**With my son, however, it just didn’t seem to click.**

No matter how many times I took him potty before his nap, he was still waking up completely soaked. I was doing extra loads of laundry every day, running late to school pick-up because he needed a bath in the middle of the day, and getting frustrated with him and myself.

*Was I pushing him too hard? Was he not ready? Shouldn’t he be able to go two hours without an accident?*

Finally, I gave up. I went back to putting **his favorite diapers** on him during his nap and at night time. And although I was hoping to be diaper-free, I realized that every child is different and more important than pushing him, getting frustrated, and heaping more work on myself was to have us both learn to go with the flow—and do what works best for us right now.

**My son is growing every day—**

But that doesn’t mean I have to push him before he’s ready.

*Does your toddler still wear a diaper at night?*

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